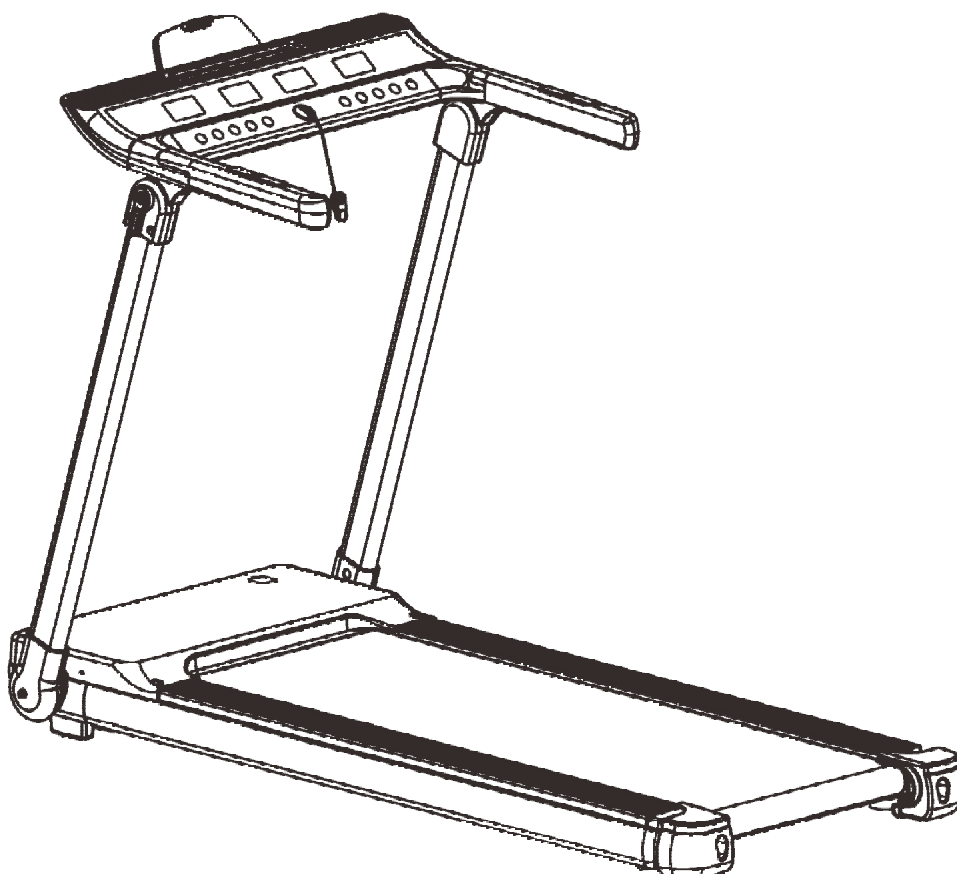


USER'S MANUAL

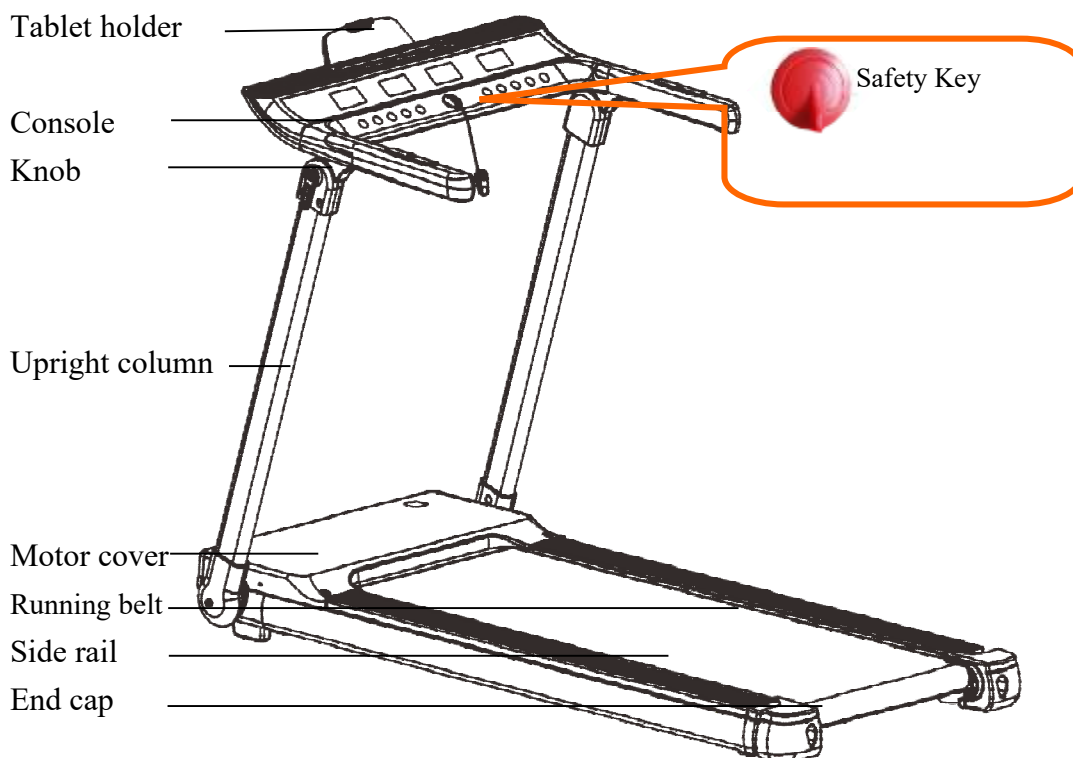


Note: Following the principles of sustainable development, we may modify machines when necessary and will not notify again. It all depends on the actual product.

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1. Product Brief



2. Security Precautions and Warning

Main parameters and parts list					
No.	Parameters Names	Description			
1	Input power voltage	AC 110V, 50/60Hz			
2	Motor power	3.5HP			
3	Speed	0.8-14km/h			
4	Running Surface	460*1200mm			
5	Max load	330LBS			
Accessory bag list					
No.	Parameters Names	QTY			
1	Complete set	1			
2	Tablet holder	1			
3	Tools bag	1			
Tools bag list					
No.	Parameters Names	QTY	No.	Parameters Names	QTY
1	Inner Hexagon spanner 6mm	1	4	User's manual	1
2	Combination wrench	1	5	MP3 line	1
3	Safety Key	1			

Notice

:Please read the instructions carefully before use.

- u Indoor using and storing the treadmill, avoid dampness, and can not be spilled by water.
- u Please wear suitable clothes and sneakers before exercise. Prohibited to exercise on the treadmill barefoot.
- u High power plug must be grounded, electric outlet should have a dedicated circuit, do not share with other electrical equipment.
- u Keep children away from the machine to avoid accidents.
- u Avoid too long time and overload operation, otherwise will cause motor and controller damaged, and will accelerate the deterioration of bearing, running belt and running board. Should maintain machine on a regular basis.
- u Keep machine away from dust to avoid strong static.
- u Please cut the electric power off after using.
- u Please maintain good ventilation when running.
- u Please clamp security lock cable on your clothing to make sure the machine stops at emergency condition.
- u If you feel not very well when using this machine, please stop and consult a doctor.
- u Silicone oil must be kept away from children after use.
- u If power cord is damaged, please contact our qualified maintenance personnel for service rather than disassemble it at your own discretion.

**Forbidden**

- u Don't use the machine in the status of the shell break in or break off (the internal structure exposed) or under the condition of welding-parts may fall off.
---- Otherwise an accident or injury may happen.
- u Don't jump up and down in the process of movement.
---- May be injuries caused by the fall.
- u Don't keep machine in or near moist space such as the bathroom.
- u Don't place machine in direct sunlight, or high temperature places such as near a stove or a heating appliance .
----Otherwise may cause the leakage and burst into flames.
- u Don't use when the power cord is damaged or power plug pin is loose.

----Otherwise will lead to an electric shock, short circuit or fire.

- U Don't damage or bent by force or reverse the power cord. Don't place heavy objects on machine, don't clamp the power line.

----Otherwise will cause fire or get an electric shock.

- U Don't use machine for more than 2 people at the same time, and don't get close to the machine when it is in use.

---- Or it may be an accident or injury due to falls.

- U People who can't express their consciousness or can't operate the machine by themselves cannot use the treadmill.

----May occur accident or injury.

Avoid drinking water or pouring water when operation.

---- May cause electric shock and fire. Forbidden!

- U People who seldom do exercise shouldn't suddenly do intense exercise.

- U After eating or when feel tired, do not use machine.

---- May lead damage to your health.

- U This product is suitable for family use, does not apply to schools, gymnasium and so on. ----
There is the danger of injury.

- U Don't use when hard objects are in pants pockets.

----May cause accident or injury.

- U Don't use when the power plug is on the needle, garbage, or water.


----May cause electric shock, short circuit, or fire. Do not use with wet hands!

- U when not in use, pull out the power plug from the socket.

----The dust and moisture can age the insulation, and result in leakage fire.


- U This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.

- U Children should be supervised to ensure that they do not play with the appliance.

 Ground protection system!

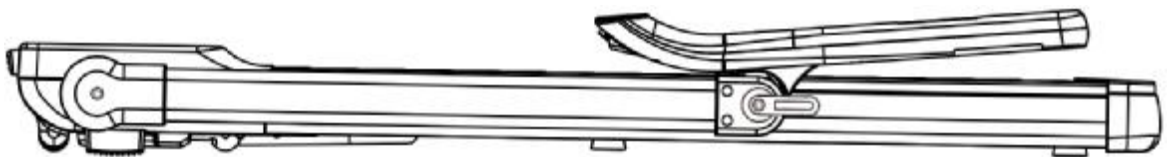
- U This product must be grounded. If the machine is dysfunctional, grounding will provide a good channel for electric current, in order to reduce the electric shock risk.

- ⌋ This product is equipped with power plug with grounding conductor and plug. Completely insert the plug to standard socket.
- ⌋ If the equipment grounding conductor's connection is improper, it will cause electric shock. If you have doubts about whether your product is grounded correct or not, please entrust professional to check.
- ⌋ Please use the socket which has the same shape with the grounding plug. Don't use plug adapter.

 **Warning:** Pulse detection may be inaccurate, excessive exercise may lead to injury or even death. If you feel dizzy, please stop exercise immediately.

3. Installation Instructions

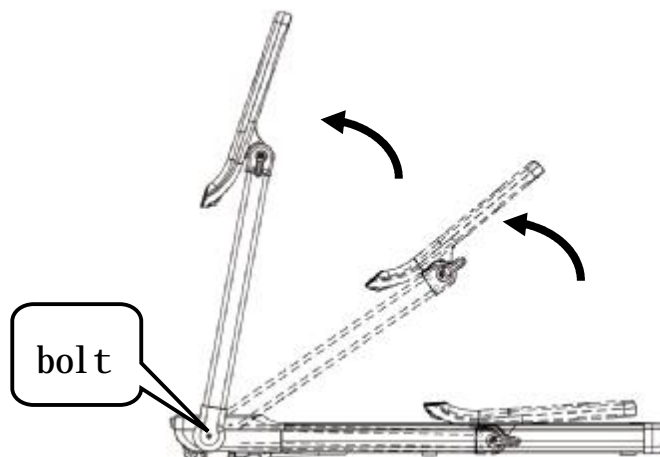
Step1: Put the machine flat on the ground. Cut the nylon cable ties on the base.



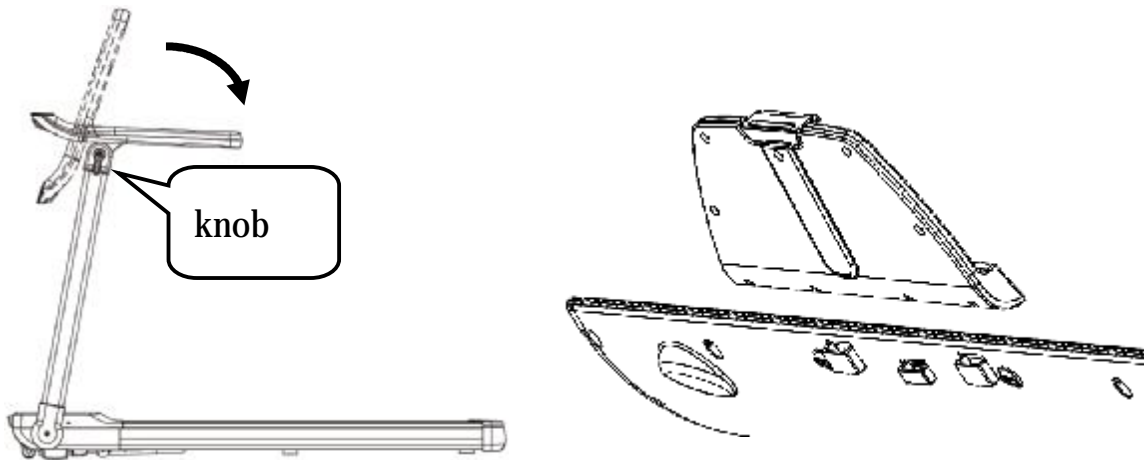
Step 2: Use the L shape 6# inner hexagon wrench to loose the bolts on both sides bolt as below.



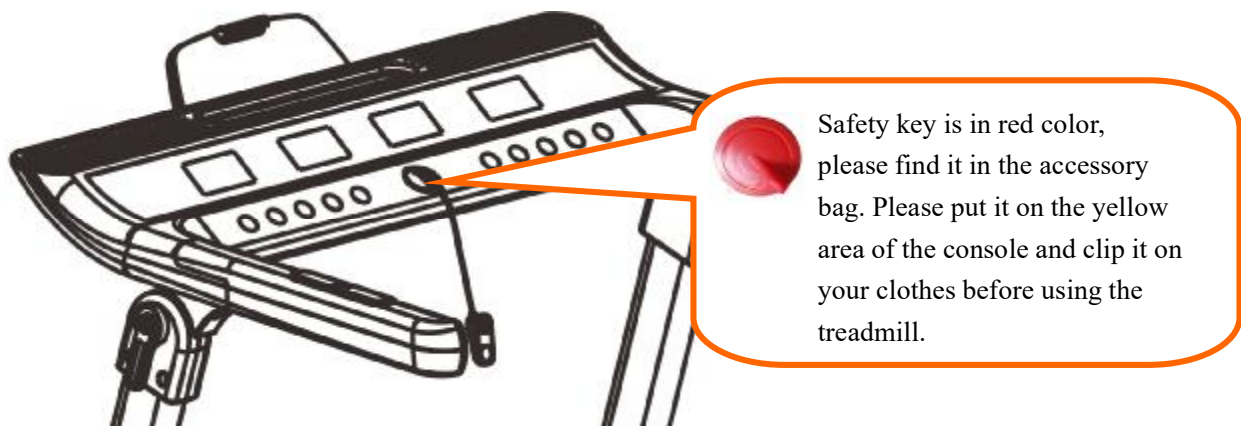
Step3: Stand the upright columns and tighten it with L shaped 6# inner hexagon wrench and the bolts on both sides .



Step 4: Press the handle bar down as below direction, and tighten the knobs on both sides. Then insert the tablet holder into the corresponding slots on the display console



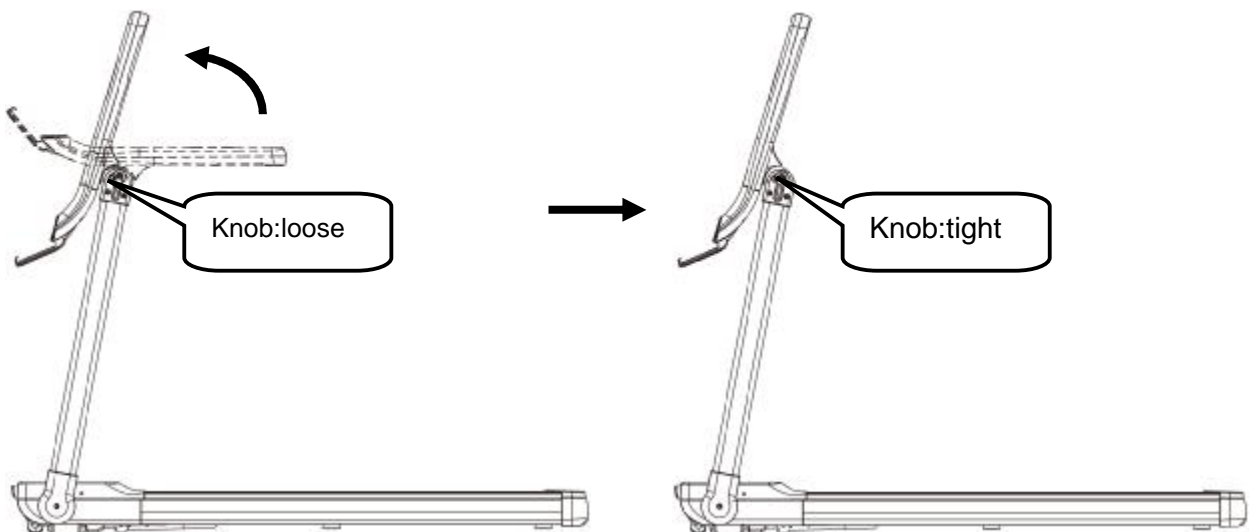
Step5: Put the safety key on the picture showing position and press the start button to start the treadmill. If the display screen shows E7, it means the safety key is not in the right position.



NOTE: please confirm that all screws are locked uniformly according to the requirements after installation, and check no part is left out before plugging electricity.

Folding Instructions: At least two people are requested for this operation

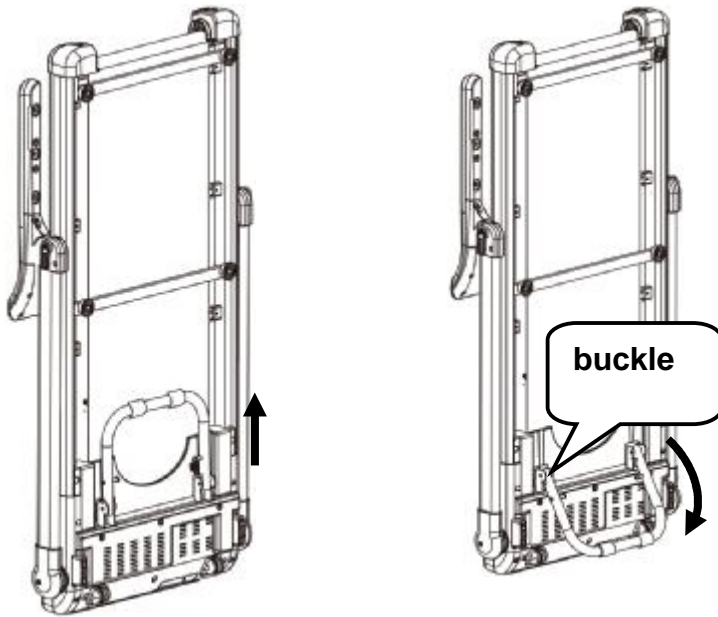
1. Loose the knobs on both sides, fold the console as below direction ,then tighten the 2 knobs.



2. Loose the 2 bolts both sides of the base with the 6# L shaped inner hexagon wrench, and put the upright columns down, and then tighten the 2 bolts.

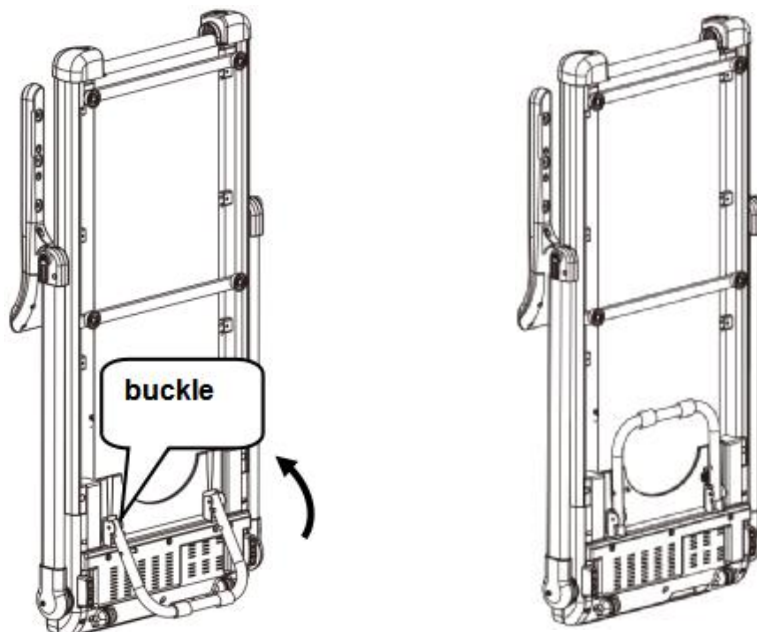


3. One person hold the machine still while another person lift the U shaped tube gently and then press it down until it reaches the buckle. (NOTE: At least two people are requested for this operation)



Unfolding Instructions: At least two people are requested for this operation

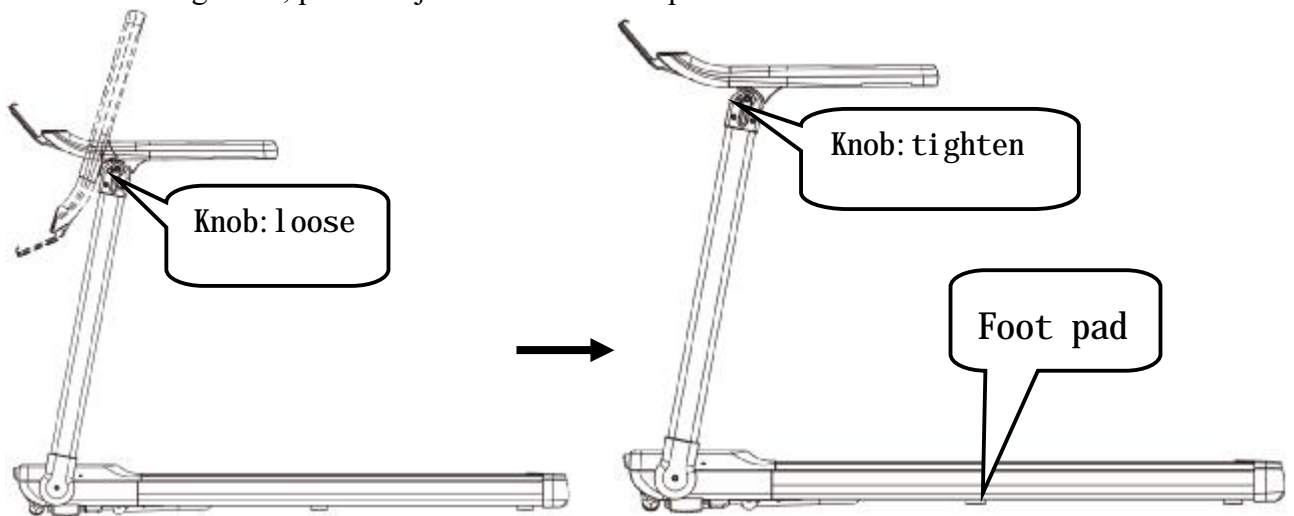
1. One person hold the machine still while another person remove the U shaped tube from the buckle and lift it until it tightly buckles on the upper part. (NOTE: At least two people are requested for this operation)



2. Put the machine on the flat ground slowly. Use 6mm L shaped inner hexagon wrench to loose the bolts on both sides. Stand the upright columns and tighten the bolts back. (NOTE:At least two people are requested for this operation)



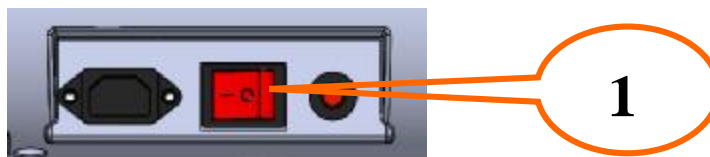
3. Press the handle bar down as below direction, and tighten the knobs on both sides. If the machine is not stable on the ground, please adjust it with the foot pad on both side.



4. Using Instructions

Using treadmill

1. Insert the power plug properly and turn on the switch(in red color)(1). When the light is on, you will hear a beep sound, and then the screen will be light up.



2. Safety key Introduction

The treadmill can only start when the safety key is put on the yellow area of the console. Clip the safety key on clothes when using the treadmill to prevent accidents. Put the safety key back when continue using the treadmill. Under any circumstances, pulling the safety key off can stop the treadmill immediately.



System Operation Instructions

Start-up: The treadmill starts after pressing the start button.

Amount of programs: 3 modes and 12 automatic programs.

Safety key function: When the safety key is removed, the screen displays E7, the treadmill stops immediately and there will be a beep sound. Put the safety back on the display, all the data will be cleared.

Button Instructions

Start button: When the treadmill is on standby mode, press Start button to start the treadmill

Stop button: When the treadmill is running, press Stop button to stop the treadmill

When the power is on, press the start button to start the treadmill.

Program button: In standby mode, press this key can cycle the options from manual mode to P1 to P12 automatic programs.

Mode button: In standby mode, press this key can cycle the options of 3 different countdown running mode: time countdown running mode, distance countdown running mode and calorie countdown running mode.

Speed +/- Speed -: Used to adjust the speed of the treadmill.

Speed quick button: Press this button to change the speed directly into 3km/h, 6km/h, 9km/h or 12km/h.

Volume+/-: In USB playing mode, press these buttons to turn up or turn down the volume.

Play /pause: When playing music, press this button to pause the music. Press it again to continue playing.

Display Instructions

1. Speed Display.

Display the current running speed value.

2. Time Display

Display the time of manual mode and the countdown time under automatic modes and programs.

3. Distance display

Display cumulative distance under manual mode and programs. Display the distance countdown in automatic mode.

4. Calorie display

Display cumulative calorie under manual mode and programs. Display the calorie countdown in automatic mode.

5. Heart Rate Display

Display the pulse when the signal is detected. (The number is for reference only, it cannot be considered as medical data.)

6. Bluetooth App Control



1. Open Bluetooth

2. Scan QR code visible on treadmill

Or download Aisport app from google play store or APP store

3. Register or Login using email and password

4. Click on treadmill can start and control treadmill

5. Can be connected to Bluetooth to play music.

Automatic program

Each program is divided into 10 segments, and the running time of each segment of the program is evenly distributed. Following is a form of time distribution of 12 programs.

Time Program		Set time / 10 = Running time of each period									
		1	2	3	4	5	6	7	8	9	10
P1	SPEED	3	3	6	5	5	4	4	4	4	3
P2	SPEED	3	3	4	4	5	5	5	6	6	4
P3	SPEED	2	4	6	8	7	8	6	2	3	2
P4	SPEED	3	3	5	6	7	6	5	4	3	3
P5	SPEED	3	6	6	6	8	7	7	5	5	4
P6	SPEED	2	6	5	4	8	7	5	3	3	2
P7	SPEED	2	9	9	7	7	6	5	3	2	2
P8	SPEED	2	4	4	4	5	6	8	8	6	2
P9	SPEED	2	4	5	5	6	5	6	3	3	2
P10	SPEED	2	5	7	5	8	6	5	2	4	3
P11	SPEED	2	5	6	7	8	9	10	5	3	2
P12	SPEED	2	3	5	6	8	6	9	6	5	3

Meaning of Error Codes

Error code	Description	Solution
E1	Communication Abnormal: when the power is on, the connection between lower controller and the console is abnormal.	Possible Cause: the communication between the lower controller and console is blocked, check each joints between the controller and console, make sure that each core is fully plugged in. Check the connection line, replace it if it's damaged.
E2	No signal from motor.	Possible Cause: Check the motor cable to see whether it is connected well or not, if not, connect the motor wire again. Check the motor cable to see whether it is damaged or has a burnt smell, if yes, replace the motor.
E5	Over current protection: In working , the lower controller detects the current to be over 6A for more than 3 seconds.	Possible Cause: Overloading leads to excessive current, and the system stops out of self-protection, or some part is stuck, causing the motor to stop. Adjust the treadmill and restart it. Check if there is liquid or burnt smell while the motor is running, if yes, replace the motor; check if the controller has a burnt smell, if yes, replace the controller; check the power supply voltage, if it does not match the specifications, change into correct voltage and test the machine again.

E6	Explosion-proof impact protection: the abnormal voltage or motor cause the faulty of circuit that drive the motor.	Possible Cause: Check if the power supply voltage is 50% lower than normal voltage , use the correct voltage and test the machine again; check if the controller has a burnt smell and replace the controller; Check if the motor cable is connected and connect the motor wire again.
E7	No safety key	Put the safety key on the right place.

5. Routine Maintenance

Warning: Before cleaning or maintaining products, please be sure the power plug of the treadmill is pulled out.

Cleaning: Comprehensive cleaning will extend the using life of the electric treadmill.

Remove dust periodically in order to keep the parts clean. Be sure to clean running belt with both sides of the exposed portion, which will reduce the accumulation of impurities. Make sure to wear clean athletic shoes to avoid carrying the dirty matters into running board and belt. Treadmill belts shall be cleaned by a damp cloth with soap. And please pay attention to avoid to wet the electrical components and running belt.

Warning: Make sure power plug disconnect before moving motor cover away, clean the motor at least once a year.

Use Free Refueling Running belt

Running with adjusted alignment and tightness

In order to better use the treadmill and make the treadmill functions work better, it is necessary for you to adjust the running belt into the best condition.

Running belt alignment

- I Put electric treadmill flat on the ground.
- I Make the electric treadmill run at a speed of about 6-8km/hour .
- I If the running belt is lean to the right, rotate the right adjusting bolt with 1/2 turn clockwise, then rotate the left adjusting bolt with 1/2 turn counter-clockwise. (Picture A)
- I If the running belt is lean to the left, rotate the left adjusting bolt with 1/2 turn clockwise, then rotate the right adjusting bolt with 1/2 turn counter-clockwise. (Picture B)



Picture A



Picture B