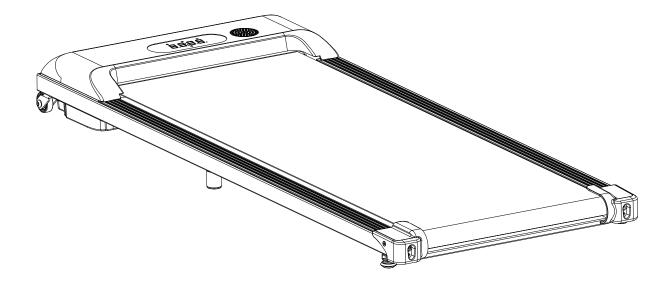
# **USER'S MANUAL**



Note: Following the principles of sustainable development, we may modify machines when necessary and will not notify again. It all depends on the actual product.

# PLEASE DO NOT RETURN TO STORE



Please do not return this product to the retailer!!

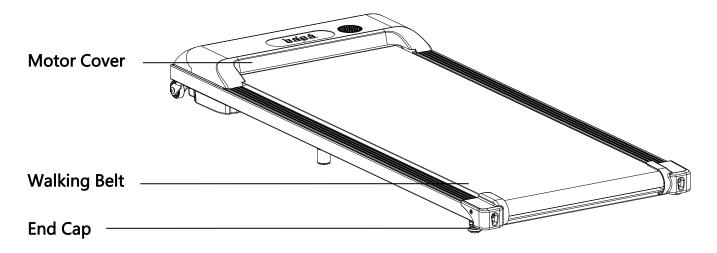
We are able to assist you in ANY way.

If you find that you have any trouble with assembly or missing or damaged parts, please contact the seller.

## **CONTENTS**

1.Product Brief	1
2. Security Precautions and Warning	2
3.Installation Instructions	4
4.Operation Instructions	4
5. Routine Maintenance	6

## 1. Product Brief



Main parameters and parts list								
No.	Parameters Names	Description						
1	Input voltage	110V(50-60Hz)						
2	Speed	0.5-4.0 MPH						
3	Function	Walking						
Packing List								
No.	Name	Units	Qty		No.	Name	Units	Qty
1	Complete Machine	set	1		2	Accessories Bag	set	1
Accessory List								
No.	Name	Units	Qty		No.	Name	Units	Qty
1	Inner hexagon wrench 5mm	pc	1		2	User's manual	pc	1
3	Remote control(Compatible with CR2032,3V Cell Batteries.NOT included to comply with safety regulations in certain shipping conditions) pc 1						1	

## 2. Security Precautions and Warning

In order to ensure your safety and avoid accidents, Please read the instructions carefully before use.

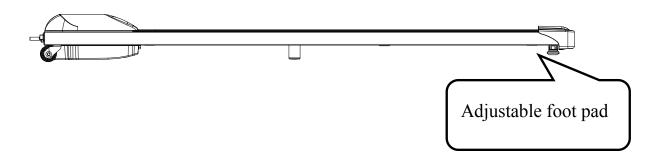
**Safety Instructions:** This product was designed and manufactured with many safety concerns, but please follow the instructions below to avoid injury. We will not be responsible for any consequences arising from abnormal operations.

- ◆ The walking machine must be placed on a flat ground; the walking machine should be placed indoors to avoid moisture, and water should not be splashed on the walking machine. Do not place any foreign objects on the walking machine. Leave at lest 3.3ft of clearance on either side of the treadmill and 6.6 feet behind it to avoid falling into a wall or being wedged between the machine and a wall or a piece of furniture if you lose your balance. The safe space is convenient for emergency jumping off. (Emergency jump: while holding the handrails to support your body, step on the side rail with your feet and jump off the walking machine from one side.)
- **♦** The power plug must be grounded properly. No other appliance should be on the same circuit;
- ◆ If the power cord is damaged, please contact the seller for professional guidance, or contact a qualified maintenance engineer for service rather than attempt self-repair;
- ♦ When the walking machine is not in use, keep the safety key out of the reach of children; if it is not used for a long time, please unplug the power cord;
- ◆ Please keep the lubricating oil(if have)in the accessories bag out of the reach of children.If it is accidentally swallowed or split in the eyes, please rinse with water and seek medical help in time;
- **♦** This product is not intended for use by children and people with reduced physical sensory or mental capabilities, or lack of common sense, unless they have been given supervision or guidance of a person responsible for their safety.
- ◆ Do not use the walking machine in a dusty space, and keep a certain humidity in the room to avoid strong static electricity, otherwise it may interfere with the normal work of the electronic watch and the controller; please use the original accessories, and it is strictly forbidden to replace them without permission.
- ◆ Keep your hands away from all moving parts, and it is forbidden to put your hands and feet in the space under the running belt.
- Do not place the power cord near hot or moving objects; do not use the product outdoors, in high

- humidity and sunlight.
- ◆ Unplug the walking machine before moving it.Non-professionals are not allowed to disassemble the machine without authorization,otherwise serious consequences may occur
- ◆ Please clip the safety lock cable clip to the clothes when exercising to prevent safe shutdown in case of emergency.
- ◆ Please check whether the clothing is buttoned or zipped before using the walking machine, or the clothing is too loose.
- ◆ If you feel any abnormality such as discomfort during use, please stop exercising and consult a doctor
- ◆ This product should not be used for a long time, as long-term use may easily cause the electrical equipment of the walking machine to overheat and cause electrical failure.
- ◆ Use qualified sockets to avoid danger. If the plug and socket are not compatible, do not touch the plug and ask an electrician to handle it.
- ◆ This product is suitable for home use,not for professional training and testing,nor for medical purposes.
- ◆ Do not use it in a state where the outer casing is cracked, cracked and detached (internal structure exposed) or the welded part is cracked.
- ◆ Do not jump up or down on the machine during exercise.-----May cause injury due to falling.
- Do not use after eating, when tired, or in poor physical condition.----May cause damage to health.
- ◆ Do not allow pins,garbage or moisture to adhere to the power plug.---May cause electric shock or short circuit,fire.Never use with wet hands!
- ◆ Please unplug the power plug from the outlet when it is not in use.----Due to dust and moisture, the insulation will be aged, resulting in leakage fire.
- ◆ The product must be grounded. In the event of malfunction, grounding provides the least resistance path for current to reduce the risk of electric shock.
- ◆ This product is HC grade. If you are in doubt about the correct grounding of this product, please entrust a professional electrician to check it.

### 3. Installation Instructions

Take the walking machine out of the carton and put it flat on a level ground.



#### **Adjusting the Leveling Feet**

Treadmills that are not level can cause misalignment of the belt, uneven belt wear, and possible injuries for the user. If the machine is placed on an uneven surface, adjusting the rear feet can help, but may not completely compensate for extremely uneven surfaces.

The adjustable foot pad is located at the rear of the machine, and each foot can be twisted higher or lower depending on the leveling adjustments needed.

## 4. Operation Instructions

#### 4.1 Turn on the machine:

Plug the power cord and press the power switch(in red).

When the light is on, you will hear a beep sound, and then the screen will light up.



#### 4.2 Remote control:

After the power is turned on,long press the *Start/Stop* button on the remote control for around 7 seconds to perform a one-to-one pairing connection(the continuous buzzer sounds indicates that the pairing is successful.If there is no continuous buzzer sound,it means the pairing is unsuccessful,restart the machine and pair again). After pairing successfully, the remote control can be set to control the walking machine remotely. You can use it to start, and stop the machine, or

increase/decrease the speed.

*Note:*Compatible with CR2032,3V Cell Batteries.NOT included in the remote control to comply with safety regulations in certain shipping conditions.

#### 4.3 Display function

**Time display**: When the time indicator light is on,it displays the running time.

**Speed display**: When the speed indicator light is on,it displays the current running speed value.

**Distance display**: When the indicator light of distance is on,it displays the accumulated distance.

Calorie display: When the calorie indicator light is on, it displays the accumulated calorie value.

#### 4.4 How to use your Bluetooth on the treadmill?

Use your phone and go to your settings and click on Bluetooth and go to connect scanning and it will search and name hnk audio will pop up and will automatically connect.

### **Troubleshooting**

Error code	Description	Solution			
E1	Communication Abnormal:when the power is on,the connection between lower controller and the console is abnormal.	The communication between the lower controller and console is blocked.  Check each joints between the controller and console,make sure that each cable is fully plugged in.Replace it if it's damaged.			
E2	No signal from motor.	Check the motor cable to see whether it is properly connected.If not,connect it again.  Check the motor cable to see whether it is damaged or has a burnt smell.If yes,replace the motor.			
E5	Over current protection: While working, the lower controller detects the current to be over 6A for more than 3 seconds.	<ul> <li>Overloading leads to excessive current, and the system stops out of self-protection; or some part is stuck, causing the motor to stop. Adjust the treadmill and restart it.</li> <li>Check if there is liquid or burnt smell while the motor is running. If yes, replace the motor;</li> <li>Check if the controller has a burned smell. If yes, replace the controller;</li> <li>Check the power supply voltage, if it does not match the specifications, use correct voltage and test the machine again.</li> </ul>			

Explosion-proof impact protection: the abnormal voltage or motor cause the faulty of circuit that drive the motor.

- Check if the power supply voltage is 50%lower than normal voltage, use the correct voltage and test the machine again;
- Check if the controller has a burnt smell. If yes, replace the controller;
- Check if the motor cable between the motor and lower controller is connected properly. Make sure the cable is fully connected.

### **5.**Routine Maintenance

Warning:Before cleaning or maintaining products, please make sure the power plug of the walking machine is pulled out.

Cleaning: Comprehensive cleaning will extend the using life of the electric walking machine.

Remove dust periodically in order to keep the parts clean. Be sure to clean running belt with both sides of the exposed portion, which will reduce the accumulation of impurities. Make sure to wear clean athletic shoes to avoid carrying the dirty matters into running board and belt. walking machine belts shall be cleaned by a damp cloth with soap. And please pay attention to avoid to wet the electrical components and running belt.

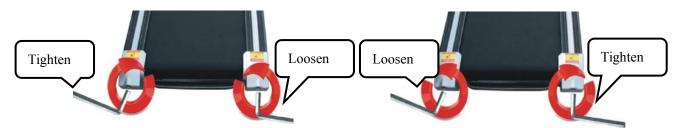
Warning: Make sure power plug disconnect before moving motor cover away, clean the motor at least once a year.

#### **Running Belt Alignment**

Put the walking machine flat on the ground. Start the machine and set the speed at about 3MPH.

If the running belt is closer to the left:rotate the left adjusting bolt with 1/2 turn clockwise, then rotate the right adjusting bolt with 1/2 turn counter-clockwise. (Picture A)

If the running belt is closer to the right:rotate the right adjusting bolt with 1/2 turn clockwise, then rotate the left adjusting bolt with 1/2 turn counter-clockwise. (Picture B)



Picture A:Belt closer to left Picture B:Belt closer to right

### Tips for prolonging the service life of walking machine

- 1.In order to better maintain your walking machine and extend its service life, it is recommended that you turn off the power supply of the walking machine after continuous use for 1 hour, and let the machine rest for 10 minutes before use.
- 2.Adjust the walking belt properly. If the walking belt is too loose, it will slip when walking; if it is too tight, it may reduce the motor performance and aggravate the wear of roller and walking belt.