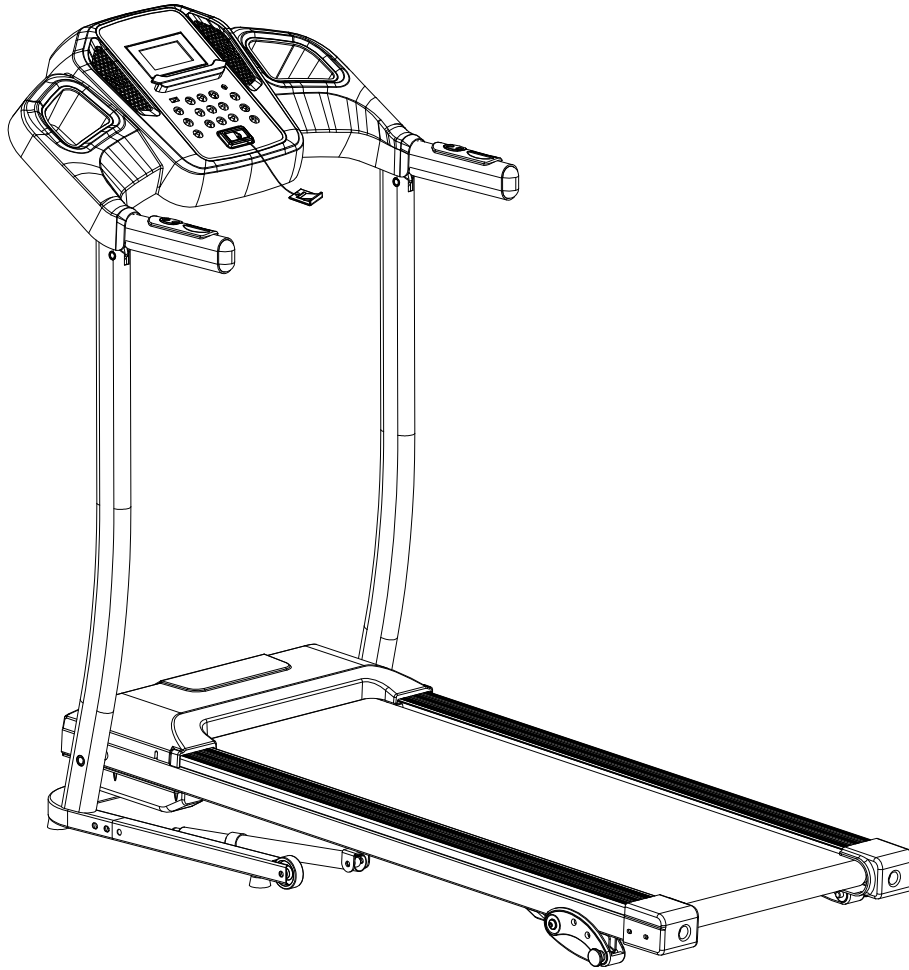


# *USER'S MANUAL*



This is HIGH-POWER item; please DO NOT USE THE SAME OUTLET WITH OTHER HIGH-POWER HOUSEHOLD APPLIANCE like air-conditioning etc.  
Please choose an outlet exclusively for the machine and make sure the fuse is 10A.

**Product may vary slightly from the item pictured due to model upgrades**

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# 1. IMPORTANT SAFETY INSTRUCTIONS

**WARNING: To reduce the risk of serious injury, read all important precautions and instructions in this manual and all warnings on your treadmill before using your treadmill. We assume no responsibility for personal injury or property damage sustained by or through the use of this product.**

1. Before beginning this or any exercise program, consult your physician. This is especially important for persons over age 45 or persons with pre-exercise health problems.
2. It is the responsibility of the owner to ensure that all users of this treadmill are adequately informed of all warnings and precautions.
3. Use the treadmill only as described in this manual.
4. Place the treadmill on a level surface, with at least 8 ft. (2.4 m) of clearance behind it and 2 ft. (0.6 m) on each side. Do not place the treadmill on a surface that blocks any air openings. To protect the floor or carpet from damage, place a mat under the treadmill.
5. Keep the treadmill indoors, away from moisture and dust. Do not put the treadmill in a garage or covered patio, or near water.
6. Do not operate the treadmill where aerosol products are used or where oxygen is being administered.
7. Keep children under age 12 and pets away from the treadmill at all times.
8. The treadmill should be used only by persons weighing ( 220LBS ) or less.
9. Never allow more than one person on the treadmill at a time.
10. Wear appropriate exercise clothes while using the treadmill. Do not wear loose clothes that could become caught in the treadmill. Athletic support clothes are recommended for both men and women. Always wear athletic shoes; never use the treadmill with bare feet, wearing only stockings, or in sandals.
11. When connecting the power cord , plug the power cord into an earthed circuit. No other appliance should be on the same circuit. A 10 amp fuse should be used.
12. If an extension cord is needed, use only a 3- conductor, 14-gauge (1 mm<sup>2</sup>) cord that is no longer than 6.5 ft. (2.0m)
13. Keep the power cord away from heated surfaces.
14. Never move the walking belt while the power is turned off. Do not operate the treadmill if the power cord or plug is damaged, or if the treadmill is not working properly.
15. Read, understand, and test the emergency stop procedure before using the treadmill .
16. Never start the treadmill while you are standing on the walking belt. Always hold the handrails while using the treadmill.

17. The treadmill is capable of high speeds. Adjust the speed in small increments to avoid sudden jumps in speed.
18. Never leave the treadmill unattended while it is running. Always remove the key, unplug the power cord, and switch the reset/off circuit breaker to the off position when the treadmill is not in use.
19. The pulse sensor is not a medical device. Various factors, including your movement, may affect the accuracy of heart rate readings. The pulse sensor is intended only as an exercise aid in determining heart rate trends in general.
20. Do not attempt to raise, lower, or move the treadmill until it is properly assembled. You must be able to safely lift 45 lbs. (20 kg) to raise, lower, or move the treadmill.
21. When folding or moving the treadmill, make sure that the storage latch is holding the frame securely in the storage position.
22. Do not change the incline of the treadmill by placing objects under the treadmill.
23. Inspect and properly tighten all parts of the treadmill regularly.
24. Never drop or insert any object into any opening on the treadmill.
25. **DANGER:** Always unplug the power cord immediately after use, before cleaning the treadmill, and before performing the maintenance and adjustment procedures described in this manual. Never remove the motor hood unless instructed to do so by an authorized service representative. Servicing other than the procedures in this manual should be performed by an authorized service representative only.
26. This treadmill is intended for in-home use only. Do not use this treadmill in any commercial, rental, or institutional setting.
27. **WARNING:**  
If the supply cord is damaged, it must be replaced by the manufacturer, its service agent or similarly qualified persons in order to avoid a hazard. This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety. Children should be supervised to ensure that they do not play with the appliance.
28. Install the treadmill on a flat level surface with a suitable volt/Hz which is marked in the machine label, grounded outlet.
29. Allowed temperature: 5 to 40 degrees. If the treadmill has been exposed to cold temperatures, allow it to warm to room temperature before turning on the power. If you do not do this, you may damage the console displays or other electrical components.



## 1.1 IMPORTANT ELECTRICAL INFORMATION

### WARNING!

- NEVER use a ground fault circuit interrupt (GFCI) wall outlet with this treadmill. Route the power cord away from any moving part of the treadmill including the elevation mechanism and transport wheels.
- NEVER remove any cover without first disconnecting AC power.

## 1.2 IMPORTANT OPERATION INSTRUCTIONS

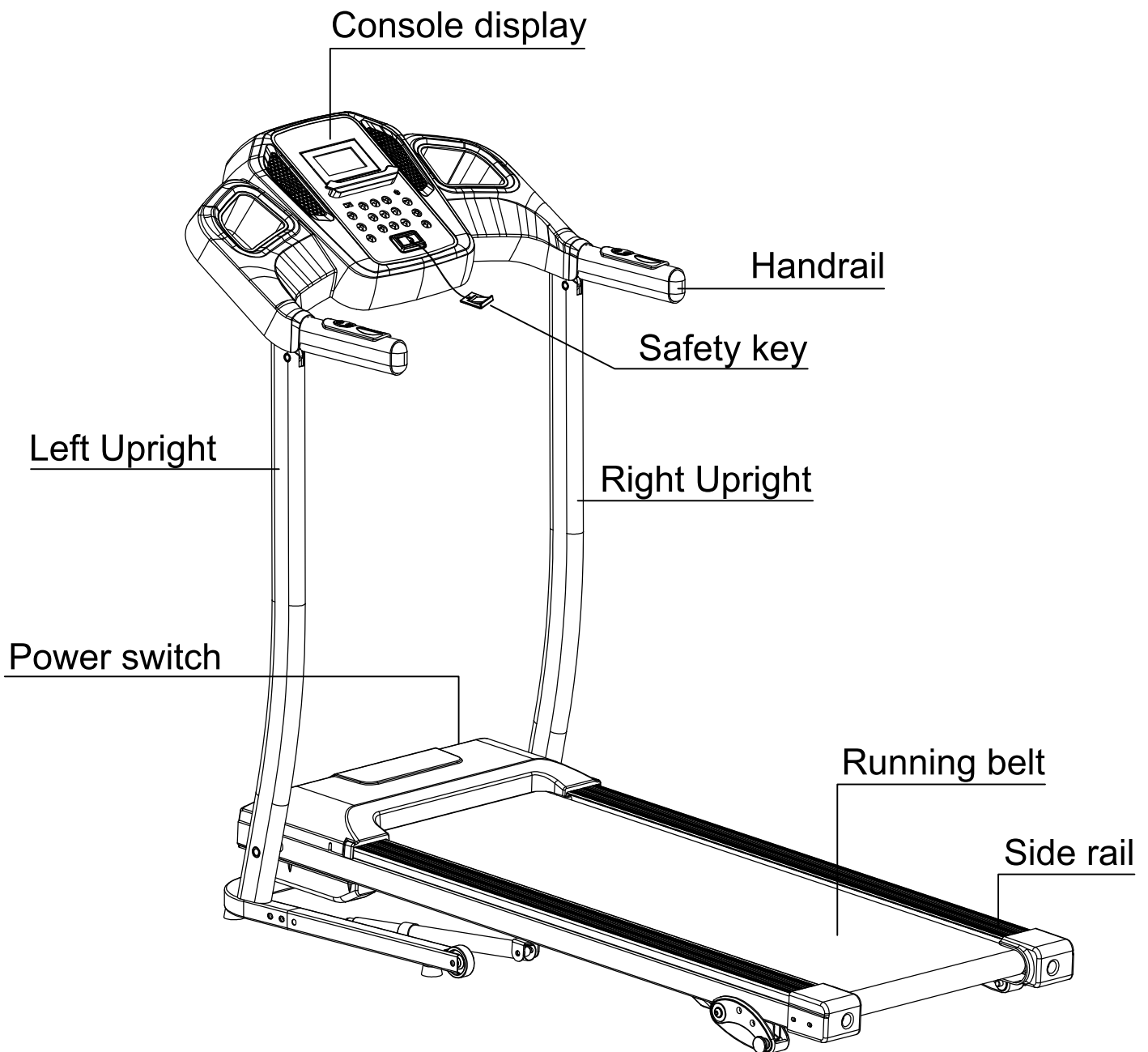
- Understand that changes in speed and incline do not occur immediately. Set your desired speed on the computer console and release the adjustment key. The computer will obey the command gradually.
- Use caution while participating in other activities while walking on your treadmill; such as watching television, reading, etc. These distractions may cause you to lose balance or stray from walking in the centre of the belt; which may result in serious injury.
- In order to prevent losing balance and suffering unexpected injury, **NEVER** mount or dismount the treadmill while the belt is moving. This unit starts with a very low speed. Simply standing on the belt during slow acceleration is proper after you have learned to operate this machine.
- Always hold on to handrail while making control changes.
- A safety key is provided with this machine. Remove the safety key will stop the walking belt; the treadmill will shut off automatically. Insert the safety key will reset the display.
- Do not use excessive pressure on console control keys. They are precision set to function properly with little finger pressure.

## 2.BRIEF DESCRIPTION

This motorized treadmill can help complete your goal of keeping fit. Together with the unique, elegant and dignified shape, it takes a little space when folded by gasoline spring.

Speed range: 1.0-12km/h

Programs: 15pcs pre-set programs (P1-P15)



# 3. OPERATING INSTRUCTION

## 3.1 Keys for Meter Panel



(1)  MODE

Power on the machine, press it to choose pre-set programs P1-P15. Press CLEAR/SET to exist.

(2) GO/STOP

Power on the machine, press it to start running. When running, press it to stop and record the running. Press CLEAR/SET to clear up the record.

(3)  CLEAR/SET

Power on the machine, press it to choose time, distance, calorie count-down training. When running, clear up time, distance and calorie.

(4) SPEED +

When running, press it to increase speed by 0.1km/h. Hold on it, speed is increased continuously.

(5) SPEED –

When running, press it to decrease speed by 0.1km/h. Hold on it, speed is decreased continuously.

(6) Vol +Next

When running, press this key to play the next music. Press and hold to increase the volume.

(7) Vol -Previous

When running, press this key to play the previous music. Press and hold to decrease the volume.

(8) QUICK SPEED

Speed 4,8,10,12, when running, press it to choose speed.

(9) SPEED + in the handrail

When running, press it to increase speed by 0.1km/h. Hold on it, speed is increased continuously.

(10) SPEED – in the handrail

When running, press it to decrease speed by 0.1km/h. Hold on it, speed is decreased continuously.


(11) Left hand bar “START”, it’s the same function as “START “ key.



(12) Right hand bar “STOP”, it’s the same function as “STOP” key.

(13) Left hand bar “SPEED+”, it’s the same function as “SPEED +” key.

(14) Right hand bar “SPEED -”, it’s the same function as “SPEED-” key.

### 3.2 User’s Mode Operation


- Count-down training: power on the machine, press  to enter TIME count-down training, press it again to enter DISTANCE count-down training, press it once more to enter CALORIE count-down training. Finally press MODE to exit.

- TIME count-down training: power on the machine, press  , TIME figure glittering, showing 30:00. Press SPEED+,- to choose the time between 5-99minutes. Press go/stop to start at speed of 1.0km/h. Speed can be adjusted by pressing SPEED+,-. The machine stops when time shows 00:00.
- DISTANCE count-down training: power on the machine, press  two times, distance figure glittering, showing 1.0km. Press SPEED+,- to choose the distance between 1.0-9.0km. Press GO/STOP to start at speed of 1.0km/h. Speed can be adjusted by pressing SPEED+,-. The machine stops when distance shows 0.00.
- CALORIE count-down training: Power on the machine, press CLEAR/SET three times, calorie figure glittering, showing 50CAL. Press SPEED+,- to choose the calorie between 10-990CAL. Press START/STOP to start at speed of 1.0km/h. Speed can be adjusted by pressing SPEED+,-. The machine stops when calorie shows 0.

### 3.3 Getting Started

Power the treadmill on by plugging it into an appropriate wall outlet, then turn on the power switch located at the front of the treadmill below the motor shield. Ensure that the **safety key** is installed, as the treadmill will not power on without it. When the power is turned on, the display is ready for operation.

### 3.4 Quick-Start Operation

- Press and release the GO/STOP to begin belt movement, at 1.0 Km/h, then adjust to the desired speed using the '+' or '-'. You may also use the quick speed keys (4,8,10 and 12) to adjust the speed. You can also use 'speed +' or 'speed -' to adjust the speed on handrail.
- To slow the treadmill down, press and hold the 'speed -' key to desired speed. You may also press the rapid speed adjust keys:4,8,10,12.
- In a state of running, single press GO/STOP, the walking belt will gradually slow down.
- In the state of running, single press  will reset time, distance, calorie.

### 3.5 Pulse Grip Feature

Hold on both stainless steel pulse sensors in the handrails, The Pulse (Heart Rate) console window will display your current heart rate during the workout within 15 seconds . Note: You must use both stainless steel sensors to display your pulse.

### 3.6 Calorie Display

Displays the cumulative calories burned at any given time during your workout.

Note: This is only a rough guide used for comparison of different exercise sessions, which cannot be used for medical purposes.


### 3.7 Transport

Carefully lift the treadmill at the rear roller area, grasping the two side end caps, and roll the treadmill away.

### 3.8 Programmable Operations

Each preset program has a maximum speed level that is displayed when a desired workout is chosen. The speed that the particular program will achieve will be displayed in the Speed window. Each program has various speed changes throughout.

### 3.9 To Select a Program

- Power on the machine, press  'MODE' to choose desired program, then press and release 'GO/STOP' to begin the program with default values.
- The speed window will now be showing the preset speed of the selected program.
- After every one minute speed can be altered automatically according to the programs, and can be altered manually. 3 Seconds before the ending of program a buzzer will sound three times, then the running belt will come to a stop.

- Programs:

### 1.Walking and jogging programs

#### P1 PRIMARY

TIME(mins)	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	30MINS
SPEED(Km/h)	1	2	2	2	2	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	2	2	2	1	1	STOP

#### P2 PRIMARY

TIME(mins)	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	30MINS
SPEED(Km/h)	1	3	3	3	3	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	2	2	2	1	1	STOP

#### P3 WALKING

TIME(mins)	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	30MINS	
SPEED(Km/h)	1	3	3	3	3	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	5	5	5	5	5	3	3	3	3	3	STOP

#### P4 JOGGING

TIME(mins)	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	30MINS	
SPEED(Km/h)	1	4	4	4	4	6	6	6	6	6	6	6	6	6	6	6	6	6	6	6	6	6	6	6	6	6	3	3	3	2	2	STOP

#### P5 Runner1(AGE45-50)

TIME(mins)	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	30MINS	
SPEED(Km/h)	2	6	6	6	6	6	6	6	6	4	4	4	4	4	4	4	5	5	5	5	5	5	5	3	3	3	3	3	3	3	1	STOP

#### P6 Runner2(AGE40-45)

TIME(mins)	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	30MINS	
SPEED(Km/h)	2	6	6	6	6	6	6	6	6	5	5	5	5	5	5	5	6	6	6	6	6	6	6	3	3	3	3	3	3	3	1	STOP

#### P7 Runner3 (AGE35-40)

TIME(mins)	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	30MINS	
SPEED(Km/h)	3	6	6	6	6	6	6	6	6	7	7	7	7	7	7	6	6	6	6	6	6	6	6	3	3	3	3	3	3	3	1	STOP

#### P8 Runner4(AGE30-35)

TIME(mins)	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	30MINS	
SPEED(Km/h)	3	6	6	6	6	6	6	6	6	7	7	7	7	7	7	6	6	6	6	6	6	6	6	8	8	8	8	8	8	8	3	STOP



**P9 Runner5(AGE25-30)**

TIME(mins)	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	30MINS	
SPEED(Km/h)	3	6	6	6	6	6	6	6	6	6	6	6	6	6	6	9	9	9	9	9	9	9	9	4	4	4	4	4	4	4	1	STOP

**3.SPORT-distance runner**

**P10 Runner1(AGE18-25)**

TIME(mins)	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	30MINS	
SPEED(Km/h)	2	4	4	4	4	4	4	4	7	7	7	7	7	7	7	9	9	9	9	9	9	9	9	12	12	12	12	12	12	3	3	STOP

**P11 Runner2(AGE18-25)**

TIME(mins)	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	30MINS	
SPEED(Km/h)	3	5	5	5	5	5	5	5	8	8	8	8	8	8	8	10	10	10	10	10	10	10	10	13	13	13	13	13	13	3	3	STOP

**4.Lady exerciser**

**P13 Runner1(AGE55-60)**

TIME(mins)	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	30MINS		
SPEED(Km/h)	2	4	4	4	4	4	4	4	4	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	4	4	4	4	4	4	2	2	STOP

**P12 Runner3(AGE18-25)**

TIME(mins)	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	30MINS	
SPEED(Km/h)	3	4	4	4	4	4	4	4	4	7	7	7	7	7	7	7	12	12	12	12	12	12	12	12	12	12	12	12	12	4	4	STOP

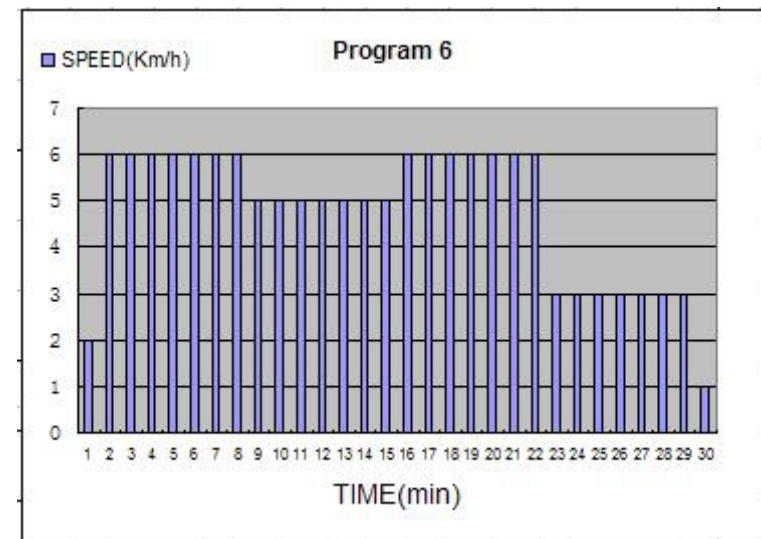
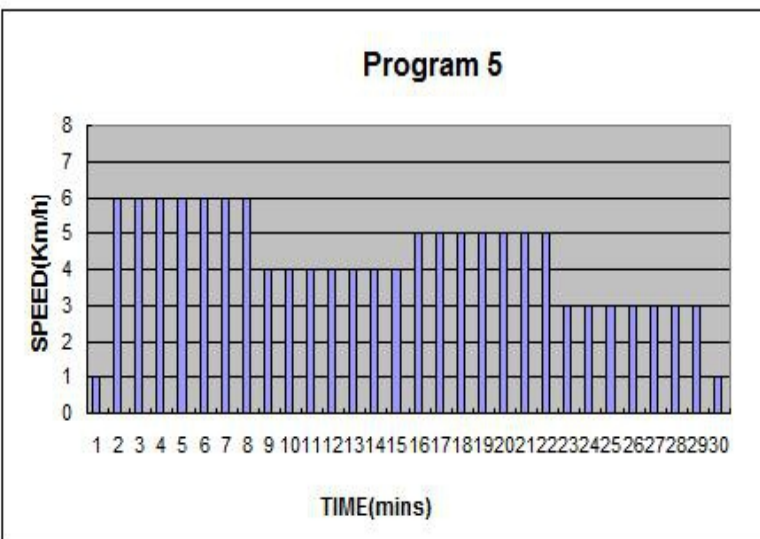
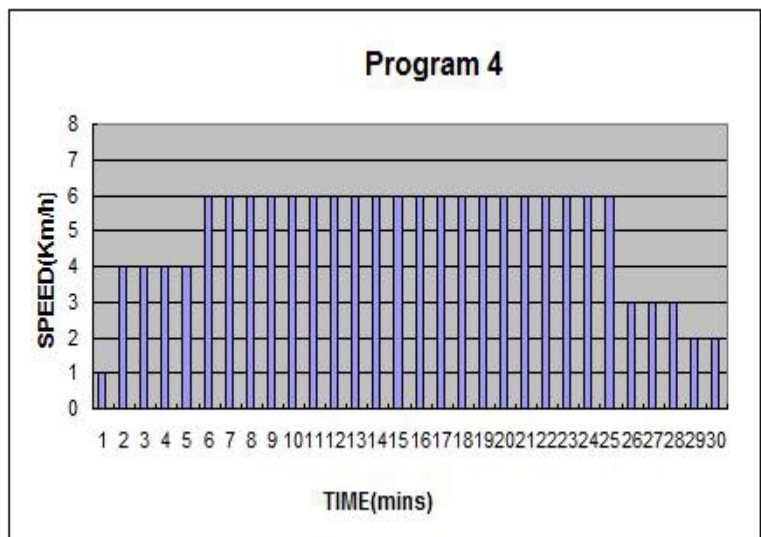
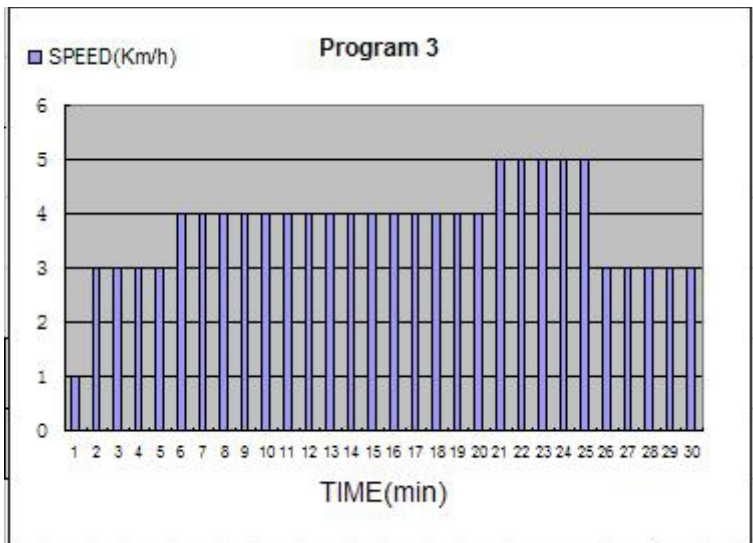
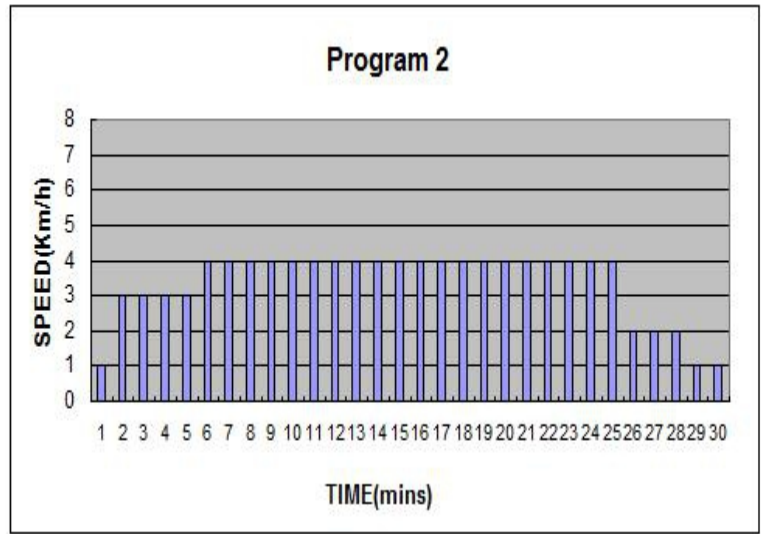
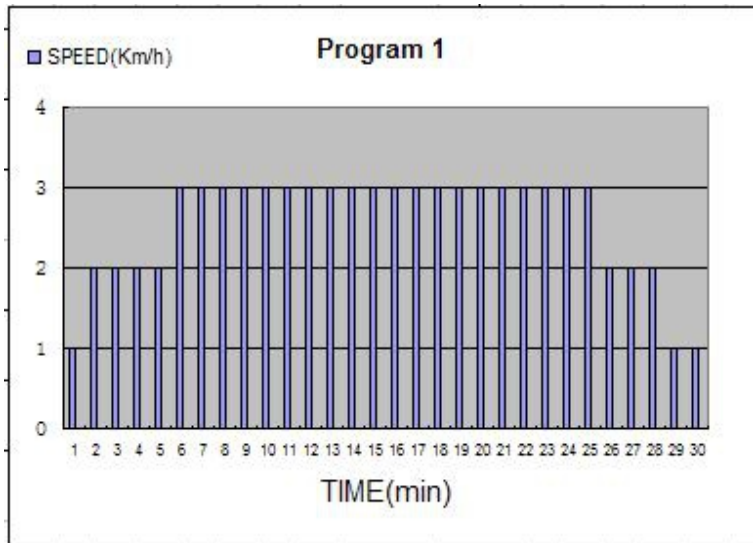
**P14 Runner2(AGE50-55)**

TIME(mins)	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	30MINS	
SPEED(Km/h)	2	3	3	3	3	3	3	3	3	4	4	4	4	4	4	4	5	5	5	5	5	5	5	6	6	6	6	6	6	7	7	STOP

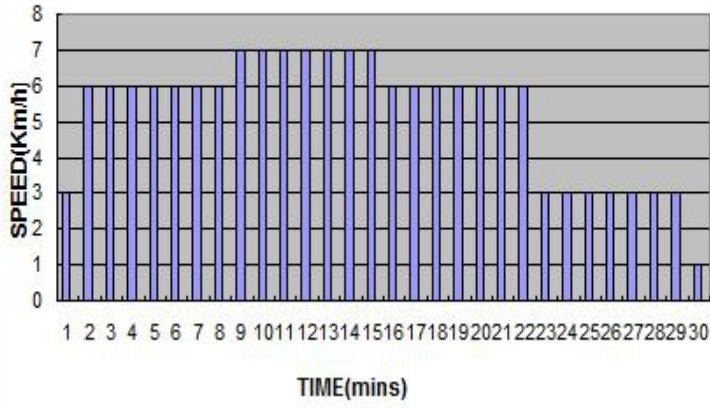
**P15 Runner3(AGE45-50)**

TIME(mins)	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	30MINS		
SPEED(Km/h)	2	4	4	4	4	4	4	4	4	6	6	6	6	6	6	6	8	8	8	8	8	8	8	8	7	7	7	7	7	7	5	5	STOP

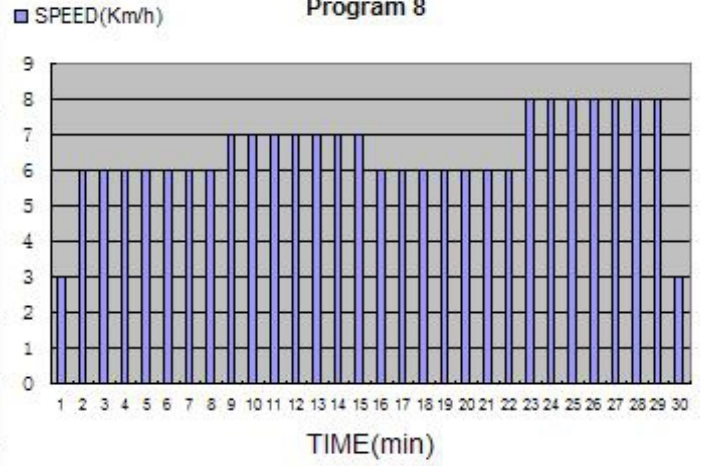




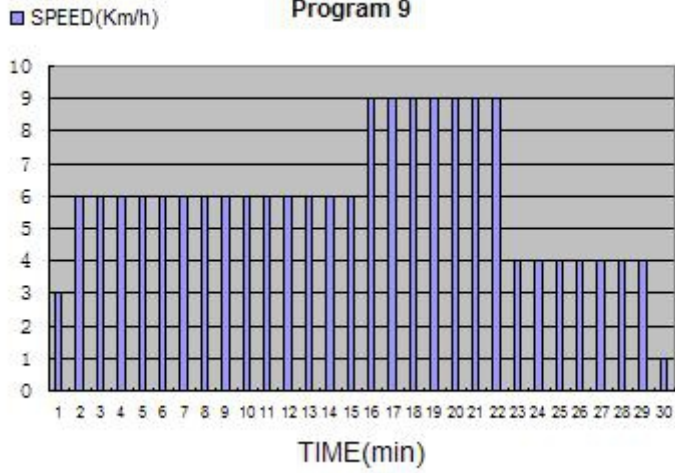
**Program 7**



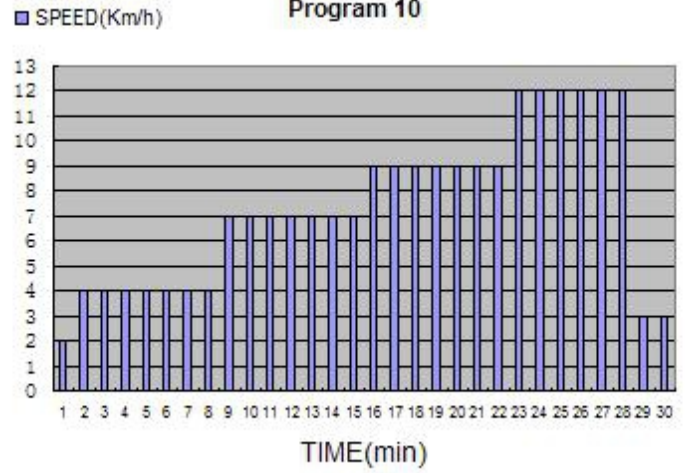
**Program 8**



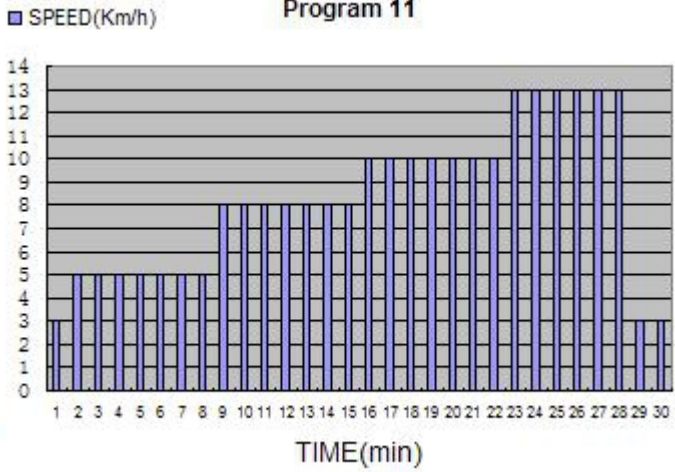
**Program 9**



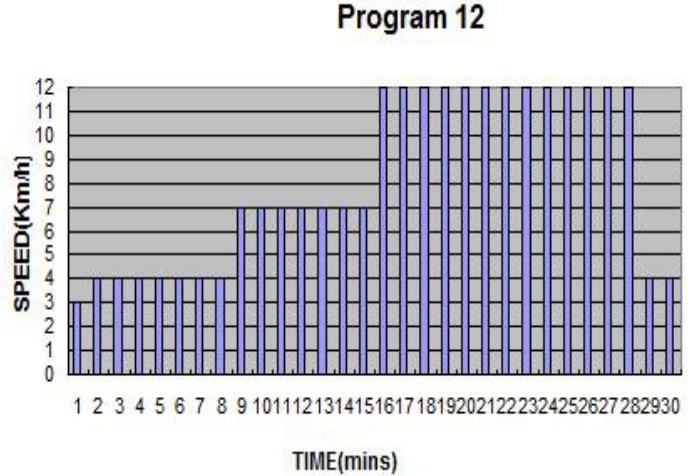
**Program 10**



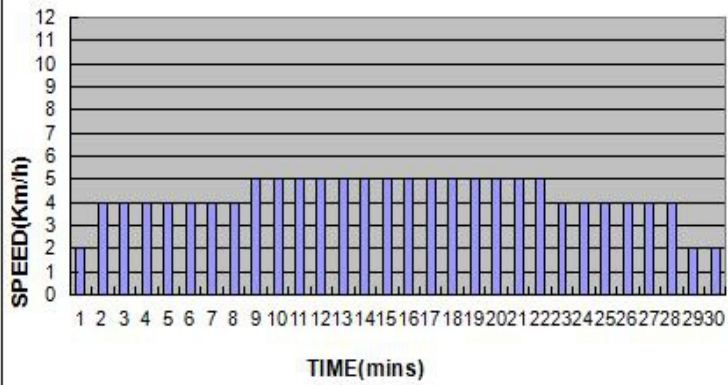
**Program 11**



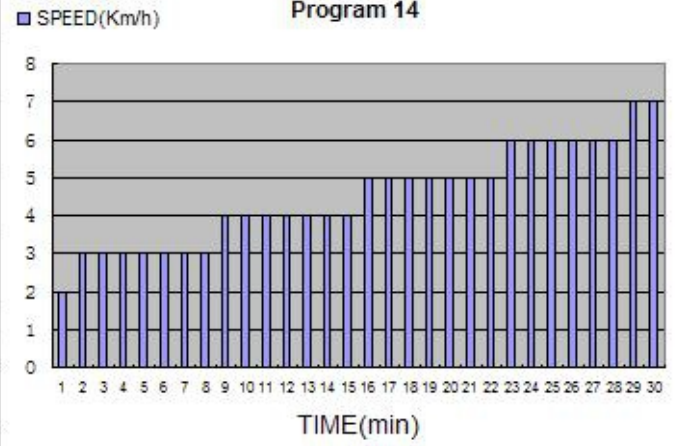
**Program 12**



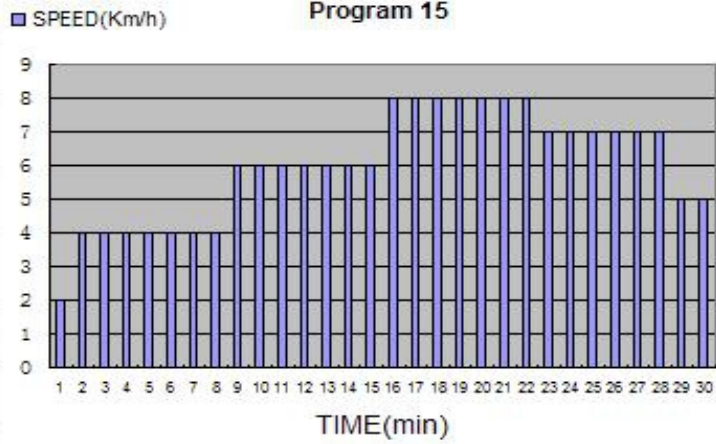
**Program 13**



**Program 14**



**Program 15**



## 4. MAINTENANCE

Reasonable cleaning/lubricating should be made to extend the life time of this unit. Performance is maximized when the belt and mat are kept as clean as possible.

**WARNING: THE MAT/DECK FRICTION MAY PLAY A MAJOR ROLE IN THE FUNCTION AND LIFE OF YOUR TREADMILL AND THAT IS WHY WE RECOMMEND YOU CONSTANTLY LUBRICATE THIS FRICTION POINT TO PROLONG THE USEFUL LIFE OF YOUR TREADMILL. FAILING TO DO THIS MAY VOID YOUR WARRANTY.**

**WARNING: UNPLUG POWER CORD BEFORE MAINTENANCE.**

**WARNING: STOP TREADMILL BEFORE FOLDING.**

### 4.1 General Cleaning

- Use a soft, damp cloth to wipe the edge of the belt and the area between the belt edge and frame. A mild soap and water solution along with a nylon scrub brush will clean the top of the textured belt. This task should be done once a month. Allow to dry before using.
- On a monthly basis, vacuum underneath your treadmill to prevent dust build up. Once a year, you should remove the black motor shield and vacuum out dirt that may accumulate.

### 4.2 General Care

- Check parts for wear before use.
- Always replace the mat if worn and any other defective parts.
- If in doubt do not use the treadmill and contact our helpline.

TAKE CARE TO PROTECT CARPETS AND FLOOR in case of leakages. This product is a machine that contains moving parts which have been greased / lubricated and could leak.

### 4.3 Belt/Deck/Roller Lubrication

The mat/deck friction may play a major role in the function and life of your treadmill and that is why we recommend you constantly lubricate this friction point to prolong the useful life of your treadmill.

You should apply the lubrication after approximately the first 40 hours of operation. We recommend lubrication of the deck according to the following timetable:

Light use (less than 3 hours per week) every 6 months

Medium use (3-5 hours a week) every 3 months

Heavy use (more than 5 hours per week) every 6-8 weeks.

See below procedures for lubricating:

1. Use a soft, dry cloth to wipe the area between the belt and deck.
2. Spread lubricant onto the inside surface of belt and deck evenly (make sure the machine is turned off and power is disconnected).
3. Periodically lubricate the front and rear rollers to keep them at their peak performance.

If the treadmill belt/deck/roller is kept reasonably clean it is possible to expect over 1200 hours before additional re-lubing is necessary.

#### **4.4 How to check the running mat for proper lubrication**

1. Disconnect the main power supply.
2. Fold the treadmill up into the storage position.
3. Feel the back surface of the running mat.

If the surface is slick when touched, then no further lubrication is needed.

If the surface is dry to the touch, apply a suitable silicone lubricant.

**We recommend you use a silicone based spray to lubricate your Lifespan Treadmill. This Can be purchased from your local sports Retailer or a local hardware store.**

#### **4.5 Belt Adjustment**

Belt Tension Adjustment-It is very important for joggers and runners in order to provide a smooth, steady running surface. Adjustment must be made from the right and left rear roller in order to adjust tension with the Hexagonal Wrench provided in the parts package. The adjustment bolt is located at the end of the rails as noted in diagram below:



**Note: Adjustment is the small hold on the end caps.**



Tighten the rear roller only enough to prevent slippage at the front roller. Turn both the right and left bolt clockwise reasonably and inspect for proper tension. When an adjustment is made to the belt tension, you must also make a tracking adjustment to compensate for the change in belt tension.

**DO NOT OVERTIGHTEN** - Over tightening will cause belt damage and premature bearing failure.

#### **4.6 Belt Tracking Adjustment**

This treadmill is designed to keep the belt reasonably center while in use. It is normal for some belts to drift near one side while the belt is running with no one on it. After a few minutes of use, the belt should have a tendency to center itself. If during use, the belt continues to move toward one side, adjustments are necessary. The procedures are as below:

- ▲ First set speed at lowest position.
- ▲ Second check the belt shifts to which side.

If the belt shifts to right, tighten the right bolt and loosen the left bolt by using 6mm Hexagonal Wrench, until the belt is centered itself; If belt shifts to left, tighten the left bolt and loosen the right bolt by using 6mm Hexagonal Wrench, until the belt is centered. When adjusting the belt using the 6 mm Hexagonal Wrenches, it is important to adjust the belt in half turn increments. Over adjusting the belt can cause damage to the mat.

## **5. TROUBLE SHOOTING**

This treadmill is designed in a way that in the event of an electrical fault, the machine will turn off automatically to prevent any injuries to the user and to prevent damage to the machine (i.e. motor).

When the treadmill behaves erratically, simply reset the treadmill by turning the power switch off, waiting for 1 minute then turning the power button back on.

### **5.1 Alarm signals**

#### **E02 Over voltage protection of motor**

1. Make the machine self-checking again
2. Change controller

#### **E03 Over current protection**

1. Clean the dust between running board and belt, then put some oil
2. If the running belt wear seriously, please change the running belt

#### **E04 Motor open circuit**

1. Check the connect wire of motor. If the connect wire loose, please connect it again.
2. The motor carbon brush wear, replace carbon brush or motor

**E05** EEPROM damage or access problems change the controller board

**E06 Communication error**

1. Check the connect wire between computer and controller board, if it loose or broken, please connect it again or change it

2. Change the incline motor

**E09 short-circuit protection change the controller board**

“—”safety key not connected

Insert the safety key

**No Power**

1. Check fuses (They are located on the controller under the motor cover )

2. Check power outlet (Plug something else into the power outlet to ensure that the power outlet is working correctly).

3. Check Power Cable (You may need to take it to an electrician).

## **6. EXERCISE GUIDE**

**PLEASE NOTE: Before beginning any exercise program, consult you physician. This is important especially if you are over the age of 45 or individuals with pre-existing health problems.**

**The pulse sensors are not medical devices. Various factors, including the user’s movement, may affect the accuracy of heart rate readings. The pulse sensors are intended only as an exercise aid in determining heart rate trends in general.**

Exercising is great way to control your weight, improving your fitness and reduce the effect of aging and stress. The key to success is to make exercise a regular and enjoyable part of your everyday life.

The condition of your heart and lungs and how efficient they are in delivering oxygen via your blood to your muscles is an important factor to your fitness. Your muscles use this oxygen to provide enough energy for daily activity. This is called aerobic activity. When you are fit, your heart will not have to work so hard. It will pump a lot fewer times per minute, reducing the wear and tear of your heart.

So as you can see, the fitter you are, the healthier and greater you will feel.

## 7. PARTS LIST AND EXPLODED DIAGRA

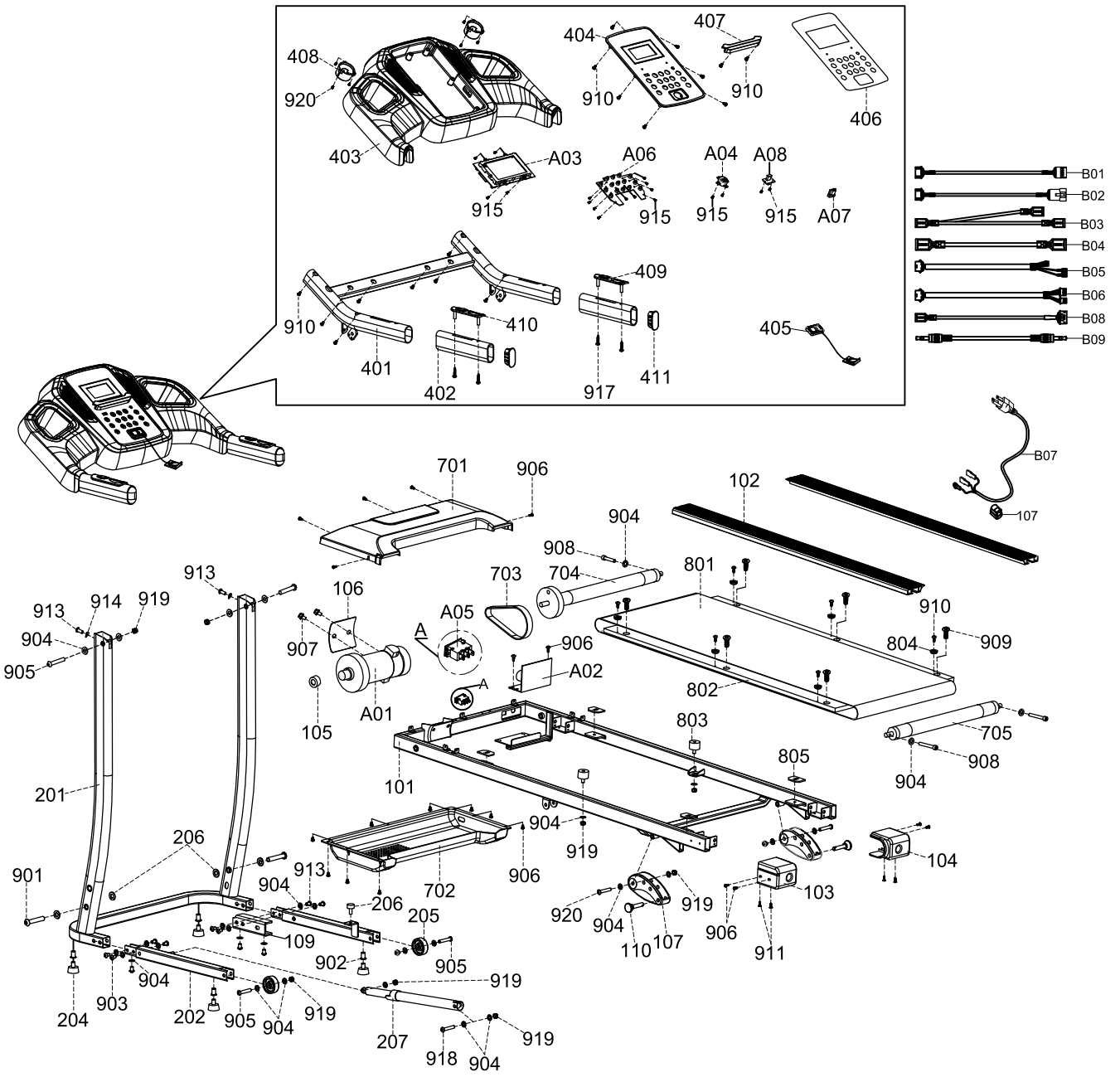
NO.	Description	Qty
101	Frame	1
102	Side rail	2
103	Left end cap	1
104	Right end cap	1
105	Magnetic ring	1
106	Motor cushion	1
107	Power cord buckle	1
201	Base frame set	1
202	Base connection tube set(Left)	2
203	Base connection tube set(Right)	2
204	Adjust foot pat	4
205	Moving wheel	2
206	Plastic gasket	2
207	Gas Spring	1
401	Console set	1
402	Rubber plastic handle cover	2
403	Console upper cover	1
404	Meter core	1
405	Safety key	1
406	Console sticker	1
407	PAD holder	1
408	Horn cover	2
409	SPEED Shortcut	1
410	START/STOP Shortcut key	1
411	Oval tube	2
701	motor upper cover	1

NO.	Description	Qty
904	Plain washer - grade C	34
905	Hexagon socket head screw	4
906	Cross large flat head tapping screw	20
907	Hexagon lock bolt	2
908	Hexagon socket head cap screw	3
909	Cross groove countersunk head screw	6
910	Cross grooved pan head tapping screw	20
911	Cross grooved large flat head tapping screws	4
914	Saddle washer	2
915	Cross grooved round head tapping screw	16
917	Cross groove pan head tapping screw	4
918	Hexagon socket head screw	1
919	M8 lock nut	10
920	Cross groove pan head tapping screw	6
A01	Motor	1
A02	Controller board	1
A03	Console baord	1
A04	Safety switch sensor	1
A05	Rocker switch	1
A06	Key baord	1
A07	Audio head fixing plate	1
A08	USB fixed board	1
B01	console connect wire	1
B02	Upright connect wire	1
B03	AC input wire(black)	1
B04	AC output line (red)	1



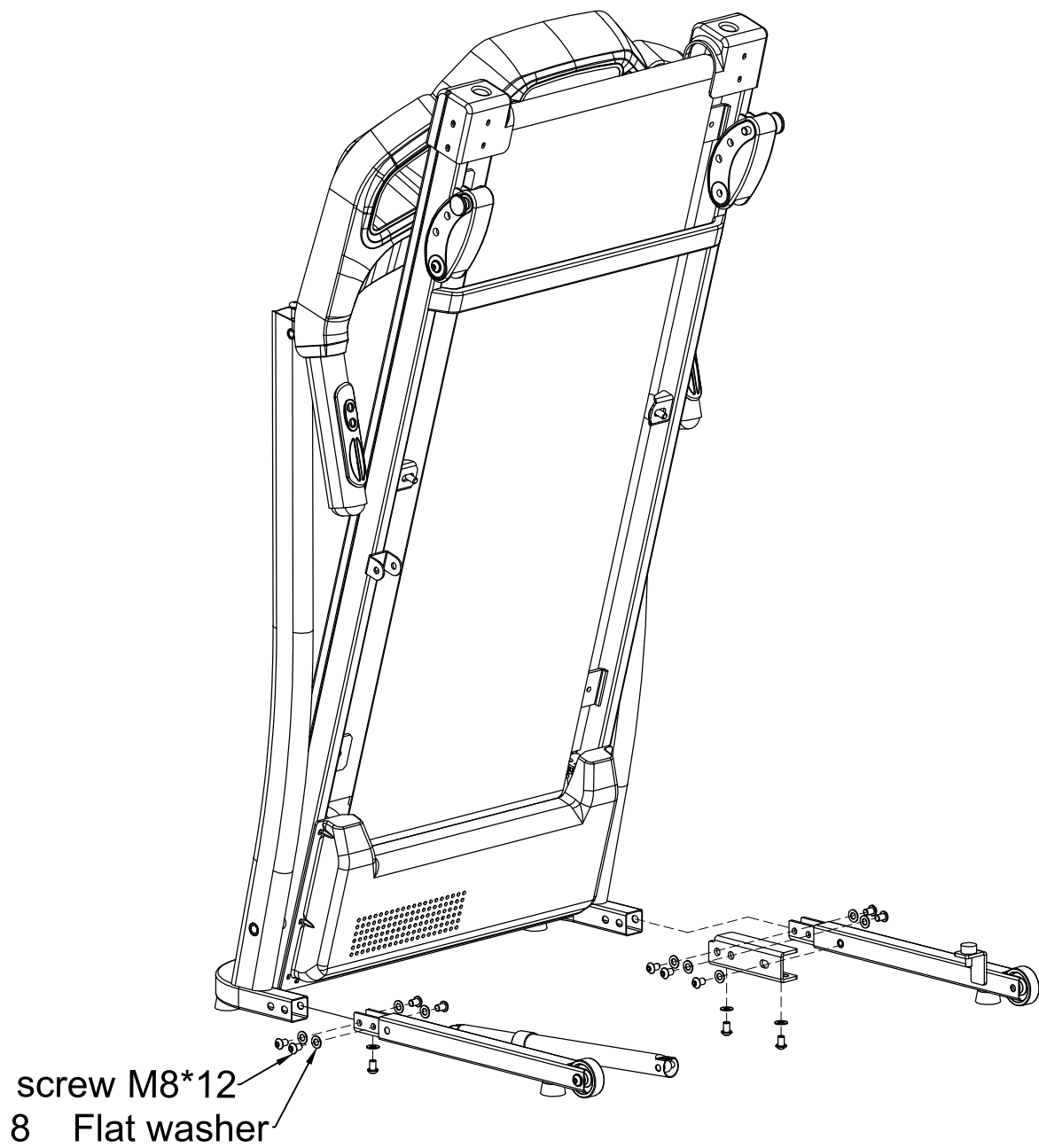
702	motor lower cover	1
703	Drive belt	1
704	Front roller	1
705	Rear roller	1
801	Running belt	1
802	Running deck	1
803	spring pad	2
804	Decoration of siderail	6
805	runing deck cushion	4
901	Hexagon socket head screw	2
902	Screw M10	4
903	Hexagon socket head screw	12

B05	Left shortcut key lower section	2
B06	Left shortcut key upper section	2
B07	power cord	1
B08	Horn wire	1
B09	Mp3 cable	1

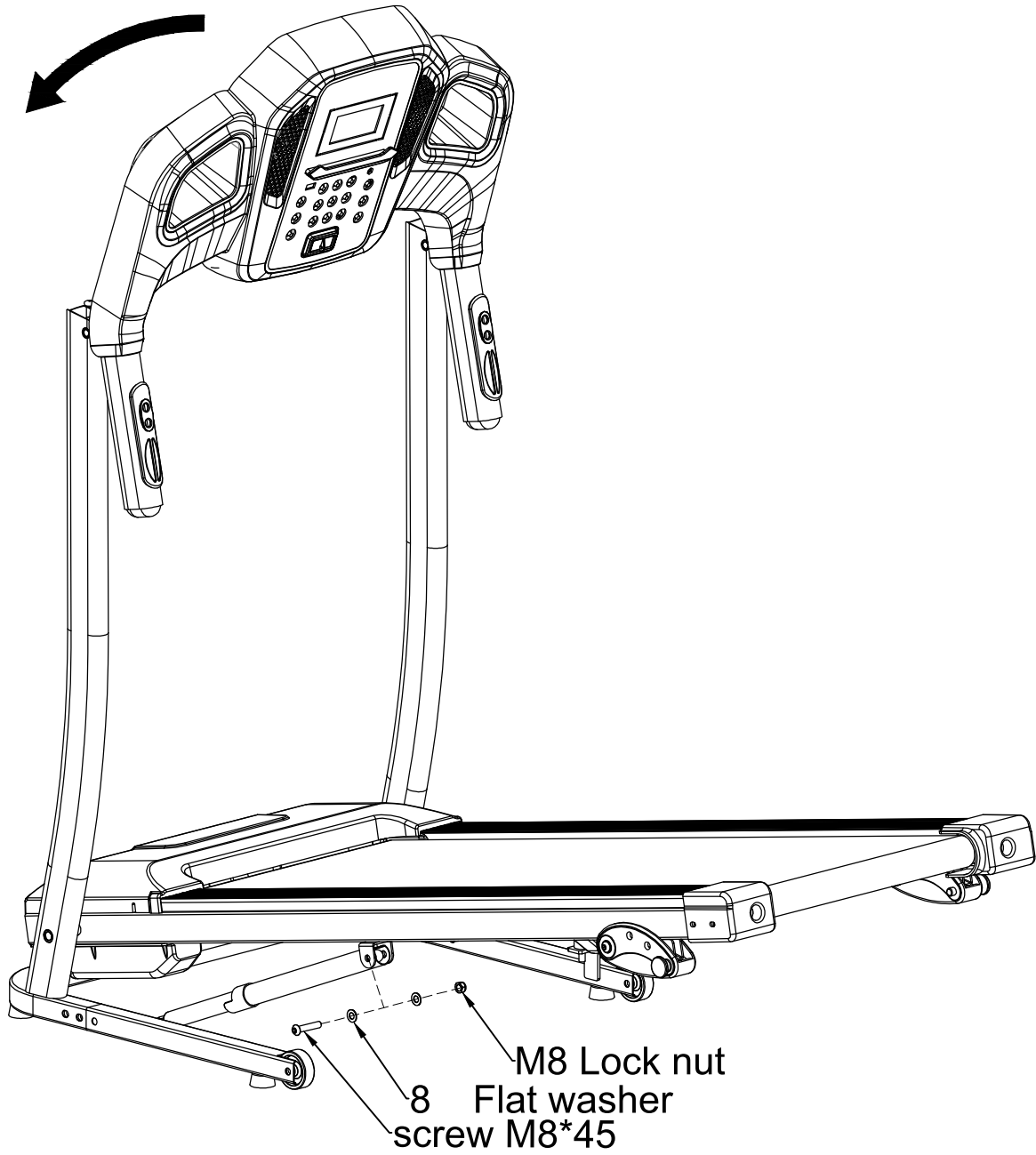


## 8. INSTALLATION GUIDE

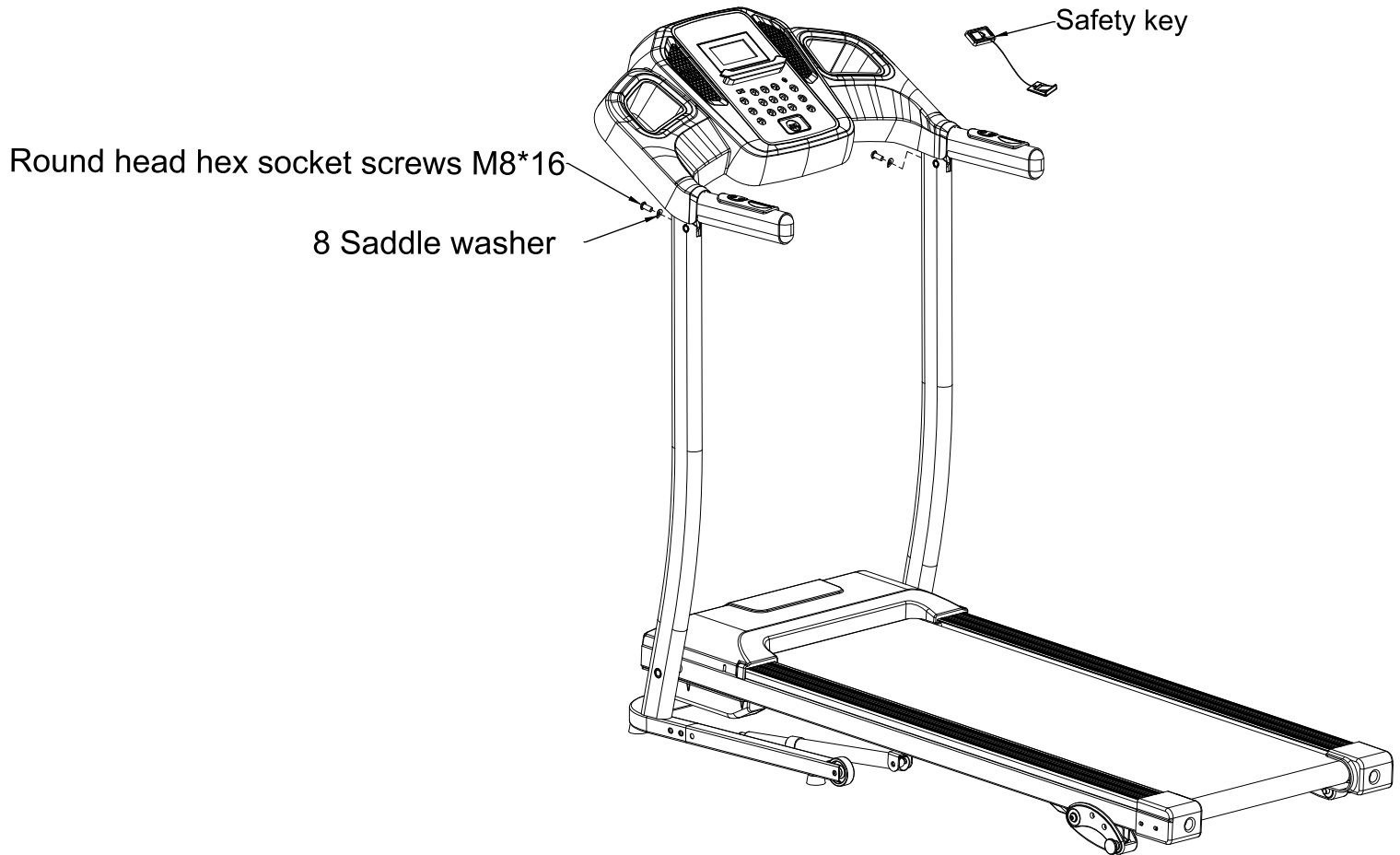
Step1:



**Step 2:**



**Step 3:**



We have checked the words carefully in the manual. If there is something wrong in printing, please kindly consider it.

If the pictures are different from the product, please take the product as the final and correct one.

Please note: If there are changes in function and specification due to technical improvement, we will not keep you informed.